



DEPARTMENT OF STUDIES IN FOOD SCIENCE AND NUTRITION



MGFSN/380/2016-17

11.11.2016

'LET'S JOIN HANDS TO FIGHT OBESITY'

On the occasion of **ANTI-OBESITY DAY** observed on the 26th of November of every year, the department in association with the Indian Dietetic Association- Mysore chapter (IDA) has organized a daylong event with an aim to benefit the people to create awareness on overweight & obesity and its prevention.

Activities : Lectures, quiz, demonstration of healthy recipes & exhibits

Date : 26.11.2016

Time : 9:30 – 5:00 pm

Venue : Seminar Hall

Who can participate: Public, Healthcare Professionals, Students, Research Scholars, Teaching and Non-Teaching Faculty of University of Mysore.

Registration fee: Rs.100/- (Last date: 22nd November 2016)

Benefit: You will gain knowledge on

1. Prevalence, causes, consequences, prevention and management of obesity
2. Making healthy food choices

A special attraction of the event- Interested participants can avail personalized diet and medical care by professionals with frequent follow-up after enrolling for a long term study by paying a nominal fee.

We invite you to attend the programme and benefit

Dr.Asna Urooj

Chairperson, DOS in Food science & Nutrition
President, Indian Dietetic Association, Mysore chapter

Contact for registration: Dept Office 0821 -2419636, Mr Chandan Vinay S (77602 19901), Treasurer IDA; Ms Greena Menezes (96202 14809), Secretary IDA on or before **22nd Nov 2016**